

Tuesday-Thursday

12pm - 9pm

Friday

12pm - 7pm

La Mama

BAR RESTAURANT

EARLY BIRD

Menu

2 courses **£16.95** | 3 courses **£19.95**

STARTERS

All starters served with La mama special dressing mixed leaf salad

SPICY GRILLED LAMB MEATBALLS -gf

Meatballs served on a splash of spicy roast house tomato sauce.

BLACK PUDDING

Grilled black pudding served with bacon & peppercorn sauce

PATATAS BRAVAS -gf

New potatoes sauteed in chilli tomato sauce.

SPICY TURKISH SAUSAGE

Spicy Turkish sausage served with tortilla and sweet chilli.

BRUSCHETTA RUSTICA gf-v-ve

Tomatoes , red onion , basil & balsamic on a home made bread.

PÂTÉ DE LA CASA - gf

Sauteed chicken liver pâté with herbs, salad, onion jam and buttered toast.

PICHO DI POLLO - gf

Chicken skewers marinated in a mix of herbs and spices served with spicy mayonnaise sauce.

HALLOUMI CHEESE -gf

Grilled halloumi with sweet chilli - garnish.

SOUP OF THE DAY

Please ask a member of our team for today's soup.

MAIN COURSE

POLLO ALLA CREMA -gf

Pan fried chicken breast cooked with mushroom in a cream sauce served with fries.

CHICKEN TERIYAKI -gf

Teriyaki sauce drizzled chicken breast , mix pepper served with rice .

PENNE ARRABBIATA -gf

Spicy chicken pasta with peppers , mushroom , onion , chilli in a creamy tomato sauce .

BEEF TERIYAKI -gf

Teriyaki sauce drizzled beef strips , mix pepper served with rice .

SPAGHETTI CARBONARA-gf

Spaghetti pasta served with a creamy bacon & Parmesan cheese sauce.

PASTA VEGETARIAN gf-v-ve

Penne pasta with mixed peppers, onion, mushroom, and fresh chilli in a creamy tomato sauce.

SPAGHETTI BOLOGNESE -gf

Spaghetti pasta served with traditional bolognese sauce.

MAKE YOUR OWN PIZZA - v-ve

Tomato sauce, mozzarella cheese, choice of 3 toppings: pepperoni, chicken, Bolognese, ham, mushroom, onion, mixed peppers, sweetcorn, pineapple, fresh chilli

STEAK MUSHROOM PASTA -gf

Penne pasta with strips sirloin steak, onion, mushrooms cooked in a cream demiglace sauce.

RUMP STEAK -gf

Served with peppercorn sauce & fries.

DESSERTS

NEW YORK CHEESE CAKE

CRÈME BRÛLÉE -GF

WARM CHOCOLATE FUDGE CAKE

*Early Bird offer excluded in December or Bank Holidays