

BREAKFAST & LUNCH MENU

BREAKFAST

served Saturday & Sunday 9:30am until 12:00pm

SMALL ENGLISH BREAKFAST *gf* £7.95

1 rasher of bacon, 1 sausage, 1 egg, tomatoes, mushrooms, hash brown, beans, black pudding & slices of toast with butter

LARGE ENGLISH BREAKFAST *gf* £9.95

2 rashers of bacon, 2 sausages, eggs, tomatoes, mushrooms, hash brown, beans, black pudding & slices of toast with butter

VEGETARIAN BREAKFAST *gf, v, ve* £9.95

vegetarian sausage, eggs, tomatoes, mushrooms, hash brown, beans & slices of toast with butter - make it vegan & remove the eggs!

MAKE YOUR OWN BREAKFAST *gf, v, ve* £6.95

2 slices of white or brown toast & 4 items of your choice: bacon, sausage, black pudding, eggs, tomatoes, mushrooms, hash brown, beans, fried bread

extra items price per item +£1.20

CHEESE ON TOAST *gf, v* £7.90

2 slices of toast topped with mozzarella cheese

CHEESE & TOMATO ON TOAST *gf, v* £7.90

2 slices of toast topped with tomato & mozzarella cheese

WELSH RAREBIT *gf, v* £8.90

mozzarella cheese on toast with 2 poached eggs

EGGS AVOCADO *v* £8.50

2 poached eggs, avocado & roasted vine tomatoes on granary toast & choice of white or brown toast

BREAKFAST BARMS

BACON BARM £4.90

BACON & EGG BARM £5.20

SAUSAGE BARM £4.90

SAUSAGE EGG BARM £5.20

OMELETTES

served everyday until 3pm

LA MAMA OMELETTE *gf, v* £8.95

feta & tomato omelette served with garnish & white or brown toast

SPANISH OMELETTE *gf, v* £8.95

cheese, mixed pepper & tomato omelette served with garnish & choice of white or brown toast

MAKE YOUR OWN OMELETTE *gf, v* £8.95

with your choice of 3 items: cheese, mushrooms, tomato, onion, bacon, ham, chicken, feta cheese served with garnish & choice of white or brown toast

LUNCH

HOME MADE STEAK PIE £14.95

served with chips, peas & gravy

BEER BATTERED HADDOCK £14.95

fresh haddock dipped in our homemade beer batter served with chips, peas & tartar sauce

LASAGNE *gf* £12.95

layers of pasta with bechamel & bolognese sauce topped with cheese & oven baked

SPAGHETTI BOLOGNESE *gf* £12.95

spaghetti pasta served with bolognese sauce

SPAGHETTI CARBONARA *gf* £12.95

spaghetti pasta served in cream, bacon & parmesan cheese sauce

PASTA VEGETARIAN *gf, v, ve* £10.95

any of pasta in a tomato sauce with mixed vegetables

LINGUINE MARINARA *gf* £14.95

linguine pasta served with mixed seafood in a cream & tomato sauce

MAKE YOUR OWN PIZZA *gf* £12.95

tomato & mozzarella with a choice of 3 toppings; pepperoni, ham, chicken, onion, mushrooms, sweetcorn, mixed peppers, chilli & pineapple

SALADS

CHICKEN CEASER SALAD *gf* £10.95

Chicken, bacon, croutons, lettuces & parmesan

GREEK SALAD *gf, v* £10.95

Mix salad, feta, olives, dressing

WRAPS

served in a tortilla wrap with fresh salad and fries

CHICKEN SKEWER *gf* £10.95

marinated cubes of chicken breast chargrilled

CRISPY CHICKEN WRAP *gf* £10.95

chicken breast coated in breadcrumbs and deep fried with a sweet chilli

KOFTE KEBAB *gf* £11.95

lean and tender lamb mince meatballs marinated and grilled

LAMB SKEWER *gf* £11.95

marinated cubes of lamb leg, grilled

BURGERS

LA MAMA BURGER £10.95

beef burger, bacon, cheddar cheese, lettuce, tomato, pickle and fries

CHICKEN BURGER £9.95

grilled chicken fillet with lettuce, tomato, pickle and fries

ZINGER BURGER £10.95

breadcrumbs spicy chicken fillet with lettuce, tomato, pickle and fries

SIDES

CHIPS *gf, v, ve* £3.50

FRIES *gf, v, ve* £3.50

SWEET POTATO FRIES *gf, v, ve* £5.95

MIXED SALAD *gf, v, ve* £3.50

ONION RINGS *v, ve* £4.00

RICE *gf, v, ve* £2.95

SEASONAL VEGETABLES *gf, v, ve* £4.50

ALLERGY ADVICE

Before you order your food and drinks, please speak to a member of staff if you would like to know about our ingredients or for allergy information. Some fish dishes may contain bones. All dishes are subject to availability. *gf* gluten free | *v* vegetarian | *ve* vegan. Whilst we take every care to preserve the integrity of our gluten-free, vegetarian, and vegan products, we must advise that these products are handled in a multi-use kitchen environment.

DRINKS MENU

HOT DRINKS

BREAKFAST TEA	£2.75
FLAVOURED TEA	£2.75
<i>Decaf, earl grey, peppermint & green</i>	
AMERICANO	£2.95
LATTE	£3.50
CAPPUCCINO	£3.50
ESPRESSO	£3.50
HOT CHOCOLATE	£3.50
MOCHA	£3.50

SOFT DRINKS

	half	pint
PEPSI	£2.95	£4.50
PEPSI MAX	£2.95	£4.50
LEMONADE	£2.95	£4.50
APPLE JUICE	£2.95	£4.50
PINEAPPLE JUICE	£2.95	£4.50
CRANBERRY JUICE	£2.95	£4.50
ORANGE JUICE	£2.95	£4.50
J2O <i>ask for flavours</i>	£2.95	
APPLETISER	£3.50	
SODA WATER	£2.00	
SLIMLINE TONIC	£2.50	
ELDERFLOWER TONIC	£2.50	
GINGER ALE TONIC	£2.50	
FANTA BOTTLE	£3.50	
MILK	£1.90	
RED BULL	£2.95	
FRUIT SHOOT	£1.95	
STILL WATER	£2.95	
SPARKLING WATER	£2.95	

DRAUGHT BEERS

	half	pint
PERONI	£3.10	£5.90
GROLSCH	£2.75	£4.90
CORNISH	£2.75	£4.90
PALE ALE	£3.10	£5.90

BOTTLED BEERS

CORONA	£4.00
BUDWEISER	£4.00
DESPERADOS	£4.00
PERONI	£4.00
BECKS BLUE <i>0% alcohol</i>	£4.00
PERONI <i>0% alcohol</i>	£4.00
KOPPARBERG	£5.95
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RUM

CAPTAIN MORGAN	£6.50
BACARDI RUM	£6.50
SAILOR JERRY SPICE	£6.50
HAVANA CLUB	£6.50
MALIBU	£6.50

BRANDY

MARTELL	£6.50
REMY MARTIN	£8.50
COURVOISIER	£8.50

VODKA

SMIRNOFF	£6.50
ABSOLUT	£6.50
GREY GOOSE	£8.50
CIROC	£8.50
BELVEDERE	£8.50

SHOTS

LIMONCELLO	£3.50
SAMBUCA	£3.50
SOURZ	£3.50
TEQUILA	£3.50
GRAPPA	£3.50
JAGERBOMB	£4.00
BABY GUINNESS	£3.50

SPIRITS

PIMMS	£6.50
DRAMBUIE LIQUEUR	£6.50
MARTINI	£6.50
GRAPPA	£6.50
ARCHERS	£6.50
SHERRY	£6.50
COINTREAU	£6.50
BAILEYS	£6.50
TIA MARIA	£6.50
DISARONNO	£6.50

WHISKEY

JACK DANIELS	£7.50
JIM BEAM	£7.50
BELLS	£7.50
JOHNNIE WALKER	£7.50
JAMESON	£7.50
FAMOUS GROUSE	£7.50
CHIVAS REGAL	£7.50
SOUTHERN COMFORT	£7.50

GIN

GORDON'S	£6.50
GORDON'S SLOE	£6.50
GORDON'S PINK	£6.50
BEEFEATER	£6.50
BEEFEATER PINK	£7.50
BOMBAY SAPPHIRE	£7.50
TANQUERAY SEVILLA	£7.50
TANQUERAY	£7.50
LAKES ELDERFLOWER	£7.50
KOPPARBERG	£7.50
WHITLEY NEIL <i>various</i>	£7.50
HENDRIKS	£7.50
BROCKMANS	£7.50

COCKTAILS

PORNSTAR MARTINI	£10.45
<i>Vanilla vodka, passion fruit puree, vanilla syrup, fresh lime, pineapple juice & prosecco shot</i>	
FRENCH MARTINI	£10.45
<i>Smirnoff vodka, chambord, pineapple juice with pineapple wedge</i>	
ESPRESSO MARTINI	£10.45
<i>Absolut espresso vodka, coffee liqueur, espresso & coffee beans</i>	
STRAWBERRY DAIQUIRI	£10.45
<i>Captain morgan original spiced rum, fresh lime juice, sugar syrup & fresh chopped strawberries</i>	
CLASSIC MOJITO	£9.95
<i>bacardi rum, sugar, fresh lime, mint & a dash of soda with crushed ice</i>	

OLD FASHIONED	£9.95
<i>Bourbon, brown sugar, angostura bitters, orange slice.</i>	
MARGARITA	£10.45
<i>Don julio tequila, fresh lime juice, triple sec orange liqueur, salt on the rim of the glass with a lime wedge to garnish</i>	
NEGRONI	£10.45
<i>A timeless classic: The perfect harmony of gin, campari and sweet vermouth - bold and balanced</i>	
PINA COLADA	£10.45
<i>Malibu, bacardi, coconut cream & pineapple juice with pineapple</i>	
SEX ON THE BEACH	£9.95
<i>Archers, premium vodka, orange & cranberry juice with orange garnish</i>	
LONG ISLAND ICED TEA	£10.45
<i>Premium vodka, bombay sapphire gin, havana club rum, tequila, lemon juice, triple sec top with coca cola.</i>	
WOO WOO	£9.95
<i>Archers, peach schnapps, premium & cranberry juice with extra shimmer.</i>	
TEQUILA SUNRISE	£9.95
<i>Don julio tequila, fresh orange juice & grenadine syrup served on the rocks with a slice of fresh orange</i>	
BLUE LAGOON	£9.95
<i>Smirnoff vodka, blue curacao liqueur, fresh lime juice topped with lemonade & garnished with lime, enjoy on the rocks</i>	
RAINBOW PARADISE	£9.95
<i>Smirnoff vodka, blue caraçao, orange juice, granadine, tasty fusion of flavours.</i>	
APEROL SPRITZ	£10.45
<i>Aperol, dry prosecco topped with soda water & orange slice</i>	
LIMONCELLO SPRITZ	£10.45
<i>A sunny and zesty twist: sweet limoncello, bubbly prosecco, and a splash of soda for a bright, citrus-forward experience</i>	
HUGO SPRITZ	£10.45
<i>(St Germain/Elderflower) Delicate and floral: elderflower liqueur with mint, lime and prosecco - a refreshing breeze in a glass</i>	
MOCKTAILS	
MILKSHAKES	£7.95
<i>Choice of chocolate, strawberry or vanilla</i>	
VIRGIN MOJITO	£7.95
<i>Fresh mint, lime & sugar syrup with soda water</i>	
TROPICAL BLUSH	£7.95
<i>A radiant fusion of passion fruit, pineapple, orange & cranberry</i>	
TOM & JERRY	£7.95
<i>Orange juice, Cranberry juice with grenadine</i>	

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www.lamamarestaurant.co.uk