

Tuesday-Thursday

12pm - 9pm

Friday

12pm - 7pm



Menu

EARLY BIRD

2 courses **£15.95** | 3 courses **£18.95**

STARTERS

All starters served with La mama special dressing mixed leaf salad

SPICY GRILLED LAMB MEATBALLS -gf

Meatballs served on a splash of spicy roast house tomato sauce.

SPICY TURKISH SAUSAGE

Spicy Turkish sausage served with tortilla and sweet chilli.

PICHO DI POLLO - gf

Chicken skewers marinated in a mix herbs and spices served with spicy mayonnaise sauce.

BLACK PUDDING

Grilled black pudding served with bacon & peppercorn sauce

BRUSCHETTA RUSTICA -gf-v-ve

Tomatoes , red onion , basil & balsamic on a home made bread.

MOZZERELLA STICK

Deep-fried mozzarella sticks with sweet chilli.

GARLIC MUSHROOM -gf

Sauted mushroom in a creamy garlic sauce..

PATE DELA CASE - gf

Sautéed chicken liver pater with herbs, salad , onion jam and buttered toast.

SOUP OF THE DAY

Ask for staff.

MAIN COURSE

POLLO A LA CREAMA-gf

Pan fried chicken breast cooked with mushroom in a cream sauce served with fries.

PENNE ARABIATTA -gf

Spicy chicken pasta with peppers , mushroom , onion , chilli in a creamy tomato sauce .

SPAGHETTI CARBONARA-gf

Spaghetti pasta served with a creamy bacon & Parmesan cheese sauce.

SPAGHETTI BOLOGNAISE -gf

Spaghetti pasta served with traditional bolognese sauce.

LASAGNE AL FORNO

Layers of pasta with bechamel , bolognese sauce topped with cheese oven bake.

CHICKEN TERIYAKI -gf

Teriyaki sauce drizzled chicken breast , mix pepper served with rice .

BEEF TERIYAKI -gf

Teriyaki sauce drizzled beef strips , mix pepper served with rice .

PASTA VEGETARIAN gf-v-ve

Penne pasta with mix peppers , onion , mushroom and fresh chilli in a creamy tomato sauce.

MAKE YOUR OWN PIZZA - v-ve

Tomato sauce , mozzarella cheese choice of 3 toppings: pepperoni , chicken, bolognese, ham , mushroom , onion , mix peppers , sweetcorn , pineapple , fresh chilli

RUMP STEAK -gf

Served with peppercorn sauce & fries.

DESSERTS

LEMON CHEESE CAKE

WARM CHOCOLATE FUDGE CAKE

CRÈME BRÛLÉE

*Early Bird offer excluded in December or Bank Holidays